

## Overview

# Sun Saviours Poster Competition

Age 3 – 12

Deadline: 27<sup>th</sup> October

## About this competition

To engage children in health and wellbeing, this poster competition explores sun safety with children in early, first, and second level of CfE.

Pupils will complete a worksheet, select a catchphrase, and design a poster. Teachers may choose to give pupils the opportunity to discuss sun safety and what they can do to protect their skin, and/or use this resource as an entry into further work.

## Learning objectives

After taking part in this competition, pupils will be able to:

- Understand that exposure to the sun can have negative health consequences.
- Identify and discuss some sun safety measures, such as using sunscreen of at least factor 30 (SPF30+), staying in the shade, and covering up with suitable clothing and sunglasses.
- Reflect on strategies to positively engage with friends, family, and the wider community to promote sun safety.

## Wider context and further learning

The poster competition is part of a wider campaign to raise awareness about sun safety. Cases of melanoma are on the rise, with 16,000 new cases across the UK every year. Almost 90 percent of these cases could have been prevented by staying safe in the sun.

There are opportunities for further learning by researching skin cancer statistics, observing UV index forecasts, or writing persuasive letters about improving sun safety policies.

## Vocabulary

- Climate
- Sun safety
- Protection

To save you time and money, Amy Callaghan MP's staff will collect entries from schools. To arrange, please email:  
[amy.callaghan.mp@parliament.uk](mailto:amy.callaghan.mp@parliament.uk)